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To: CAPS-GW Members

From: Susan Rich, Angelica Kloos, Sarah Keiser, and Sheila Sontag

Date: January 20, 2010

Re: CAPS-GW Mentoring Program and Social Hour

We are delighted to announce a new trainee initiative open to all medical students, residents, and fellows in the Greater Washington, DC area, sponsored by the Child and Adolescent Psychiatric Society of Greater Washington (CAPSGW). To that end, the Resident and Fellow Representative Committee hosted a successful welcoming reception this fall, which was attended by a number of residents, fellows and medical students. In an ongoing effort to foster learning opportunities for trainees interested in careers in Child and Adolescent Psychiatry, CAPSGW is establishing a mentorship program.

Interested CAPS-GW "mentors" will be assigned a "trainee" to meet with either individually or in a small group of two to three. Mentors and trainees will be matched according to shared interests/goals. The pair will meet at least once, but may choose to have either a series of infrequent meetings to informally discuss shared interests in child psychiatry. The goals of the meetings will be relatively informal, ranging from career development, to setting up a private practice, case supervision, specific areas of professional development, and networking as examples. Depending on the interests of the trainee, the mentor may provide a picture of what their practice is like, guidance on career questions, and/or assistance in furthering career connections (i.e., networking opportunities).

We are planning a casual "meet and greet" social hour for interested mentors and trainees later in February 2010. If you are interested in becoming a mentor, please complete the brief form below to receive an invitation to the event and be entered into the "databank" of CAPS-GW mentors. Return the attached form to Diane Berman either following the dinner meeting or by e-mail at CAPSGW@verizon.net.

Questions regarding the program should be directed to Susan Rich at 301-251-1190 or 301-520-0901 or Angelica Kloos at akloos@cnmc.org or 202-476-2524.

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